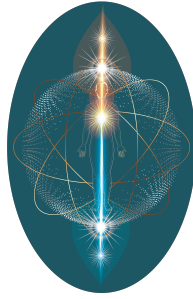




**HeartMind Healing  
PRACTITIONER  
CERTIFICATION  
PROGRAM**

**With Rita Marr CCHyp., MPNLP**



## HEARTMIND HEALING

### PRACTITIONER CERTIFICATION TRAINING

**We combine Neuro-Linguistics, Neuro-Science, the Power of the Mind, Emotional Intelligence, the Heart Mind, Elevated Consciousness experience, and Quantum Physics in our methodology**

## P R O S P E C T U S

### SECTION ONE

#### Introduction

Overview of *What* is HeartMind Healing  
The 3 Pillars  
Systems, fractals, insults  
Our Re-cycling plant, The Zero Point,  
We are Electrical Creatures  
Toroidal Fields, Free Energy, Male and Female Electrical Vortices

#### How to tame and calm the mind:

The NLP Communications Model  
Presuppositions of HeartMind Healing  
Perceptual Positions  
Representing our world - Four internal languages  
The Representation System Test and Predicates  
Correct Questioning - the Meta Model  
Hierarchy of Ideas  
Sub modalities  
Problem versus Outcome Frame  
Context and Meaning Reframes  
The Three Minds  
Origins and Causations  
The Four Layers of Ego

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Multi-dimensional selves  
Harnessing the Power of Intention  
Imagination, Intention and Attention in healing  
Brain Waves and Theta as a healing state / Theta Induction  
Evolution versus Healing

## SECTION TWO

### Typical problems that may prevent or interfere with healing

The Three Legged stool concept  
Source of Stress  
Secondary Gain  
Givers and Takers  
Self Rejection  
Lessons and Taking Responsibility  
Add or Take Away  
Lack of Love  
Anger Spears  
Addressing Blockages  
Forgiveness  
Removing Psychic Ties  
Contracts, Oaths and Swearings etc  
Prime Limiting Factor  
Map of Consciousness  
Energy of Conflict  
The Set Point  
The White Ring Re-Set Intervention  
Pain  
Article: Negative Entity Attachment  
Soul Fragments  
Redundant Guides and Spiritual Deliverance Script Intervention  
Attachments, Entities (Hitch Hikers) and Body Alignment  
Psychic Rescue Methods: Evolution The Big Picture  
HMHA Spirit Release Therapy  
Clearing Low Vibrational Energy from a Place  
Energy Drains and Compassionate Connections  
Stalking Entities  
Cancelling out the pattern of the problem and Resistant Parts  
Parts Integration  
Belief Systems and Cultural Energy Transference

## SECTION THREE

### The Space of Pure Potential

Potential

Our Personal Space of Pure Potential (The SPP)

The Function of the Higher Heart Chakra

Attention Direction Self / Others

The Thymus Chakra as an Evolutionary Aid

Thymus Thump energizing technique

Zero Point Field is the Moment of Potential in humans

Enlightenment

Time / Space versus Space / Time

Naturally Accessing the SPP

The SPP and Being the Best Healer you can be

Box Analogy

Accessing the SPP in a Client Healing Session Context

Moment of suspension / Stepping Stones analogy / allowing as a skill

Breathing and Swaying Exercise

The Mirror Exercise

The Silken Rope meditation

Laser Grounding Technique

Assisting the Client enter their SPP on demand

SPP Meditation for Dyslexics

Short-form Access Techniques

Highly Intuitive people Step on a Feather Technique

Full SPP Meditation for use with clients

Troubleshooting SPP access

## SECTION FOUR

### The Hara Lines and the Hara Dimension

Hara Lines

Parallel Earth

Dark Matter

Script to reclaim from Dark Matter

Hara Line Assessment Table

Haraic Alignment Process

Hara Line Chakra Diagram

Hara Line Chakra Alignment script

Kundalini Line Chakra alignment script

Lines of Contagion

As Above So Below - The Original 12 Sphere Tree of Life

Dimensions

The Fractal Tree, A simple model of all creation



## SECTION FIVE

### Methodology

Conditions that support release

How Can Change be effected in the Zero point / Moment of Suspension?

Methodology

The Five Step Plan for Healing Self and Others

Have Behavioral Flexibility

The course of disease

Wrinkles in time

Spiritual Release from Etheric Twinning

15 methods of change - HeartMind Healing methods as taught by the Guides

Spring Cleaning

The House

The Phone Note or Page from a Book

The Balloon

The Room

The Bubble

Mental X Ray method for Self Help

Ten Steps into the basement

The Thorny Issues method and Troubleshooting

Magnetic hands

Banishing Poverty

The Letter - for distance work

PTSD healing

The Library - for Self Fulfilling Prophecies derived from 'Rules'

Shunting Out Other People's energy

Return to Rightful Owner

Quantum Cleansing

Energetic Mapping

Disconnecting after the session

Final check

## SECTION SIX

### Quantum Dissipation as instantaneous healing

Causes of Specific Illness

Miasma

- What it is

- Evolutionary Awakening and Miasma

- How to clear it

The 12 Sphere Tree of Life aka The Kathara Grid

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The Universal Kathara Grid  
The True History of the Earth  
Quantum Dissipation  
The Macro Incantation  
The Law of One and Power of Two Macro Incantation Script  
Homework - its role in a client session  
Putting It All Together (quick reference table)  
Self Healing  
Setting Personal Space Command

## SECTION SEVEN

### Conclusion

Destiny or Choice  
Our Origins  
Time  
Creating Your future life  
Goal Setting and SMART Goals  
Micro Cosmic Orbit  
The Axiatonal Lines  
Ascension Aids  
Downward Causation  
Cell Salts as an aid to cellular health and ascension

### Discussion points

Archons, genetic manipulation, AI implants  
Spiritual deliverance methodology

### Frequently Asked Questions

#### Why invest in this course?

Here's why. This 7 month intensive distills lessons and practices Rita learned from over twenty five years of training from some of the best teachers and practice in the art and science of Metaphysics. In those years Rita separated the ritual from the recipe book. She discovered that ritual, drama, fasting, and expensive, time consuming disciplines, were traditionally devised for no other reason than to drape a sense of mystery over what is no more than a matter of finding what works. You will find all mythology stripped from her methods. What is left actually works. And what's more it's simple, it works quickly and effectively. This is a great time saver for you. You will truly understand the

concept that All is energy,' as the Truth. You will learn to release issues as energy for yourself and others. Enhanced mental and emotional health and an accelerated evolutionary journey comes as a welcome bonus and yet it's standard. This is cutting edge methodology. All this in the comfort of your own home.

## How long is the program?

Seven months of lectures, exercises, meditations, private tutorials, community, and Q&A. *Only one Training is run each year.*

## What are the class dates?

There are 28 lessons of 3 hours duration.

Dates : starting on Wednesday May 4th 2022 and running every Wednesday, *excluding July 27th and August 3rd*, until and including November 23rd 2022.

### Actual 2022 Lesson Dates :

May 4, 11, 18, 25

June 1, 8, 15, 22, 29

July 6, 11, 20

August 10, 17, 24, 31

September 7, 14, 21, 28

October 5, 12, 19, 26

November 2, 9, 16, 23

Lesson Time : 1pm until 4pm Eastern Standard Time

Recordings : All Lessons will be recorded and available within 24 hours. Lessons will be available on Vimeo for at least a year after the end of the course.

Home Study : There will be home study projects to complete of about 50 hours over the seven months. Some of this is reading and personal study, and the rest is working with classmates on exercises to hone your practical skills. There will be four private 1:1 tuition sessions with Rita during the course.

Meditations : There will be meditations to listen to at home to aid your unfoldment

## What If I'm away or busy for some of the course?

No problem. The live calls will be recorded for those who can't join us live, and recordings will be sent to you promptly. You'll have access to the course for 1 year from the last class date. You can complete the program at your convenience.



## What else do I get in addition to the course itself?

- **The Taming the Egoic Mind Masterclass (valued at \$197) comes free of charge** and will prepare you mentally, emotionally and spiritually for some of the most profound work of your life. Immediate access to this unique program will come to your inbox after your deposit for the Practitioner Course is processed so you can begin right away. You'll get access to the Taming the Egoic Mind online Masterclass for six months from the date you are granted access so that you may review it on demand.
- A certificate of completion
- Personal Healing Appointments at discounted rates

## Will I have access to Rita's mentorship throughout the program?

Absolutely! Four 30 minute 1:1 Private tutorials on zoom. Plus e mail support.

## What is your refund policy?

Our goal is for this Practitioner Certification Program to be a deeply transformational experience for you and we are fully committed to your satisfaction. For this reason, we offer a refund (minus the first month's fee of \$642.85) for up to 14 days from the start of the course. If you take advantage of the lessons offered and participate in the community and yet don't feel the program is a good fit with you within that period, we'll happily refund your investment. Any refund requests made after the first fourteen days will not be refunded. You must engage with the program before requesting a refund.

## Will I earn a certification after completing this program?

Yes, you will receive a Practitioner certification if you complete the assignments appropriately and participate fully and respectfully in the community.

We will be adding a list of certified alumni that will be shared on our website [www.heartmindhealingacademy.com](http://www.heartmindhealingacademy.com)

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As a Certified Practitioner your photo, your bio and your contact details will be published there if you wish.

## Is this programme accredited?

We are exploring if this course could be taught authentically and still acquire credits. At this time, however, no continuing education credits will be offered.

## What stationary supplies will I need for myself?

The following items are suggested but the list may not be exhaustive.

- D ring file 2.5 inches capacity
- Printer, 1 ream of Printer Paper, and Printer Ink (unless you outsource)
- Notebooks
- Plastic Page Protectors
- 3 Hole Punch
- Highlighter
- Heavy Duty Punched Dividers with minimum 8 Tabs
- Sticky Notes
- Different colored pens

## REGISTRATION

### The pre-requisites for enrolling in this program are:

1. Complete the Hara Dimension Training Course.
2. Read the book Finding Truth, Finding Health
3. Complete the Taming Your Egoic Mind Course which you receive as a free gift on registering for the Practitioner Training
4. Complete the Comprehension Test below after reading the book
5. Submit the comprehension test to [ritamarr@heartmindhealingacademy.com](mailto:ritamarr@heartmindhealingacademy.com)
6. This submission of your written answers is your application for acceptance for Practitioner Training
7. Rita will contact you within 3 days to invite you to Register
8. Deposit payable on Registration

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## TUITION FEE

**Early Bird offer** if you register by March 16th 2022 for the course beginning May 4th you pay US\$3990 (no tax) inclusive of Certification. Plus you will receive the Taming Your Egoic Mind Course worth \$197 free of charge, or a refund of the amount you have already paid to take the course.

**Full Fee** US\$4500 (no tax) applies for registrations after March 16th. You will receive the Taming Your Egoic Mind Course worth \$197 free of charge or a refund of the amount you have already paid to take the course.

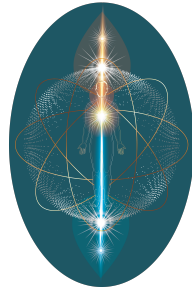
Payment Options: Cash, Interac Transfer, Credit Card, Direct Deposit, Wire Transfer

**Payment Terms Option** available on full fee. Three equal payments. One deposit payment on acceptance. One payment one month before course starts. Final payment May 16th 2022.

Or by personal arrangement in special circumstances.

After your Application is accepted Rita will personally invite you to register for your place on the Practitioner Training Program.





## Finding Truth, Finding Health

### Comprehension and Study Aid for Acceptance into HeartMind Healing Practitioner Certification Training

Please answer each question.

Discuss with Rita if there are any queries.

This Study Aid is available as a Word file for ease of typing in answers - please request from [ritamarr@heartmindhealingacademy.com](mailto:ritamarr@heartmindhealingacademy.com)

Name : \_\_\_\_\_ Contact: \_\_\_\_\_

1. Briefly discuss Potential
2. Briefly discuss the origins of matter
3. Briefly discuss the origins of creation
4. Briefly discuss why an understanding of the quantum world is important
5. Briefly discuss the 3 Pillars and why they are important
6. In your opinion what are the main points made in the book and why
7. Briefly discuss Systems and why an understanding of them is important
8. Briefly Discuss Perception is Projection

9. Briefly discuss your motivational type and give an example
10. What is a fractal ? Give an example different to the one in the book.
11. What are the two kinds of emotions human beings are able to feel? Discuss the difference.
12. Give an example of a Meaning Reframe different to the one in the book.
13. Give an example of a Context Reframe different to the one in the book.
14. How do Scalar Waves assist us?
15. Describe your own experience of being in your Space of Pure Potential?
16. Write about one empowering pivot point you have experienced in your life.
17. Briefly discuss one of the ways to disrupt energetic flow in the body.
18. What is the key to world peace?
19. What is the origin of evil?
20. Briefly discuss the energy of conflict.
21. At what level of the energy field do emotional storms take place?
22. Which energetic aspect enables us to connect with our power?
23. Briefly discuss the difference between the head mind and the heart mind.
24. If someone was angry and unable to express that anger what music could they choose to listen to help themselves and why?
25. We are not our emotions. Briefly discuss.
26. Briefly discuss the equation for good health as mentioned in the book.
27. How could auto immune problems be addressed energetically?

28. If you are born to achieve a certain purpose and you are successful in doing so, which Hara Line reflects that?
29. Which Hara Line would reflect pedophilia as a behavior choice.
30. Briefly discuss the power of intention and why it is important in a Healer.
31. Briefly discuss how energetic flow supports fulfillment as a state of being.
32. Briefly discuss the similarities in function of the lines of contagion, scalar waves and the energetic precedence.
33. Why is sending problematic issues into dark matter not recommended?
34. Briefly discuss the correlation between the Hara Lines and a near death experience?
35. What are the four ways to affect change at the astral level? Which would you strive for and why?
36. What are the Layers of Man?
37. Where are the two locations the Soul connects with us when we are incarnate? Why do you feel these locations were chosen?
38. How do you experience your Higher Self connection?
39. Give a short example of when you have used your own SPP successfully either alone or with others.
40. Choose and briefly discuss one Prime Directive of the Superconscious mind and say why you made the choice.
41. Choose and briefly discuss one Prime Directive of the Unconscious mind and say why you made the choice.
42. How has Physics proven Metaphysics and Philosophy to be valid models of our world.
43. Briefly discuss Love's importance in healing and growth.
44. Which is your favorite Epic of Reciprocity quote and why?



45. Why do you feel trust was the first thing to be lost in human beings.
46. Why should life lessons always be phrased positively?
47. What evolutionary level do you feel you have reached on the Map of Consciousness? Please explain your answer.
48. Why do the Guides say there are no labels in Spirit?
49. Briefly discuss 'I Am' versus 'We Are'.
50. What is your personal understanding of the zero point and its function.
51. Briefly discuss the concept of being a non-taker.
52. How would you ascertain where a client is on the Stair Step of Growth?
53. The Three Pillars. In your own words which aspect of this guidance from the Council of Truth was the most meaningful to you.
54. I had a friend who used to run in order to relieve stress. How does this activity enable healing?
55. Describe the route emotions take in order to enter the physical body?
56. Describe Theta in the context of a state of consciousness. When would the Theta level of consciousness be useful?
57. How many Spiritual Initiations are attainable while living on earth?
58. Which Spiritual Initiation level do you feel you have attained? Please explain your answer.
59. What is Imprinting in the context of transition back to the Soul Plane. What would you like to gift as imprint?
60. Why is avoiding the word 'not' important in the context of communication with self and others?
61. No one else shares our personal version of reality. Why is this a true fact?

62. Which question does the Meta Model advise you to avoid. What is the reason for this advice?

63. Genes and DNA do not control our biology. Briefly discuss.

64. What does Cymatics prove?

65. What is resonance and why is it important as healers we understand the concept?

**After completion please submit to [ritamarr@heartmindhealingacademy.com](mailto:ritamarr@heartmindhealingacademy.com)**